

**SCHOLASTIC STUDENT-ATHLETE SAFETY ACT
INFORMATION FACT SHEET
FOR PARENTS/GUARDIANS**

According to New Jersey state law, prior to participation on a school-sponsored interscholastic or intramural athletic team or squad, each student-athlete in grades 9 through 12 must present a completed Preparticipation Physical Evaluation (PPE) to the school nurse. Important information regarding the PPE is provided below, and you should feel free to share with your child's medical home health care provider.

1. **The PPE may ONLY be completed by a licensed physician, advanced practice nurse (APN) or physician assistant (PA) that has completed the Student-Athlete Cardiac Assessment professional development module.** It is recommended that you verify that your medical provider has completed this module before scheduling an appointment for a PPE. (Most pediatricians in New Jersey are in compliance since the law has been in place for over 2 years. Many out of state pediatricians are unaware of this requirement but it can easily be remedied if they watch a short online module for no cost. <http://www.state.nj.us/education/students/safety/health/services/athlete/PDModule.shtml>)
2. **The required PPE must be conducted within 364 days prior to the first official practice** in an athletic season. The PPE forms are available on the school website and at <http://www.state.nj.us/education/students/safety/health/records/athleticphysicalsform.pdf>.
3. **The parent/guardian and student must complete and sign the History Form** and insert the date of the required physical examination at the top of the page.
4. **The licensed physician, APN or PA, who performs the physical examination must complete the two pages of the PPE, and insert the date of the actual examination** on the Physical Examination Form and Clearance Form.
5. **The licensed physician, APN or PA, must also sign the certification statement on the PPE form** attesting to the completion of the professional development module.
6. **For student-athletes that had a medical examination completed more than 90 days prior to the first official practice** in an athletic season, the Health History Update Questionnaire (HHQ) form must be completed, and signed by the student's parent/guardian. The HHQ is available on the school website and at <http://www.state.nj.us/education/students/safety/health/records/HealthHistoryUpdate.pdf>.
7. **The parent/guardian and student must also read the Concussion and Cardiac Sudden Death** handouts and sign, date and submit the declarations that they were read. These forms are available on the school website.

For more information, please review the Frequently Asked Questions which are available at <http://www.state.nj.us/education/students/safety/health/services/athlete/faq.pdf>.

You may also direct questions **L'via Weisinger, RN, School Nurse, at lweisinger@heichalhatorah.org** or at the school office.